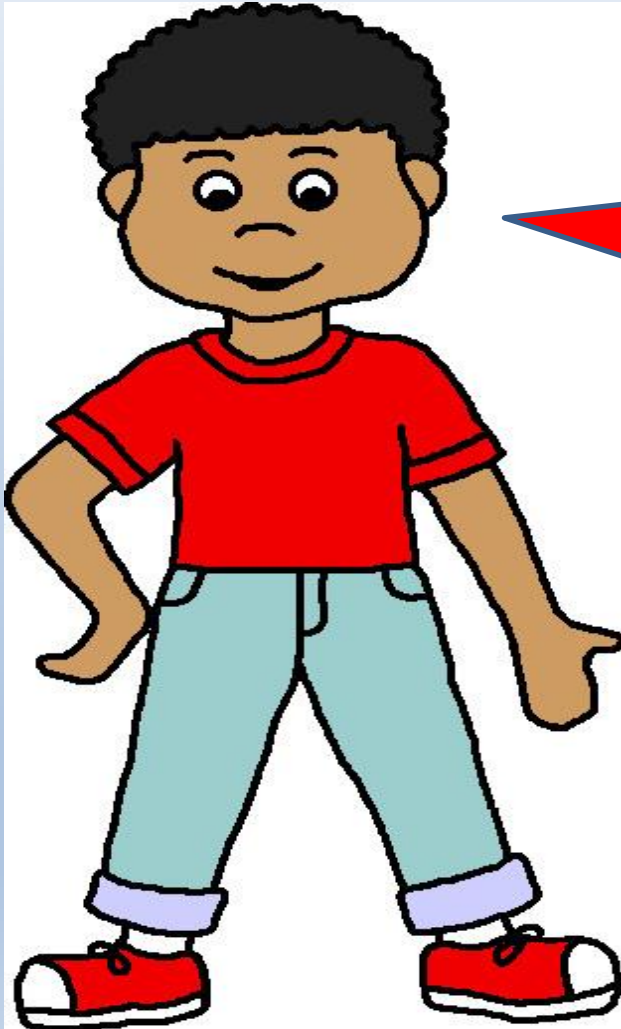
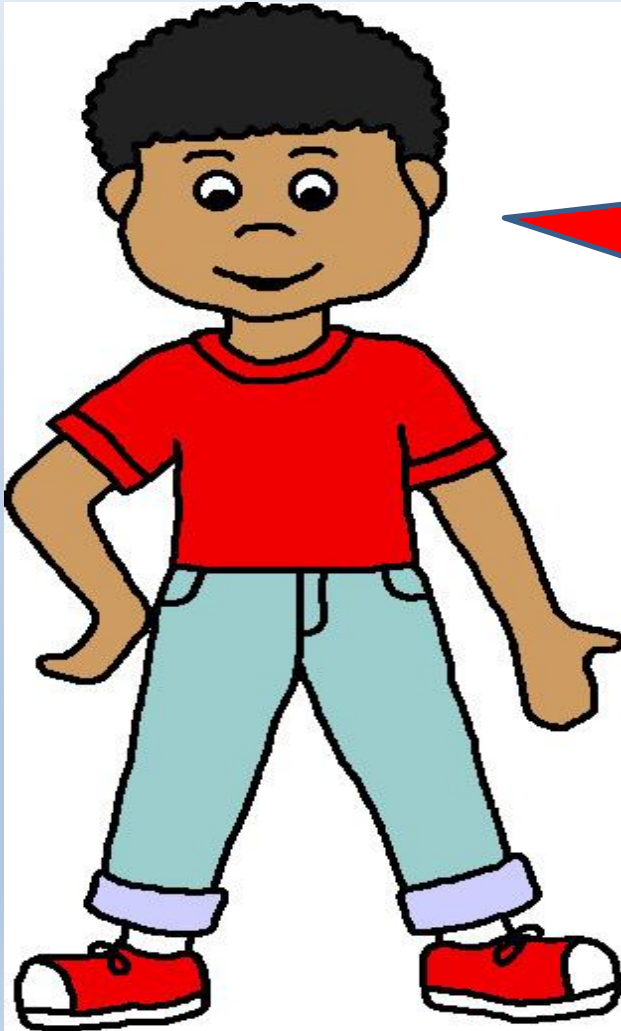


Reflective Rhys



Hi! My name
is Rhys and I
am here to
tell you all
about being
REFLECTIVE!

Reflective Rhys



Listen to my
story about
how I was
REFLECTIVE
and how it
helped me!

Rhys's Day

"Found it!" Rhys exclaimed, with his head inside the kitchen cupboard. With a heave, he pulled out the toasted sandwich maker.

His mum was in bed with a horrible cold and Rhys wanted to make her something to eat. It might cheer her up. Minutes later, he had put in a slice of bread, three spoonfuls of baked beans and some slices of cheese in the machine. He slapped on another piece of bread on top and squeezed the lid shut. "Easy peasy" he announced to Dewi, standing at his feet. But when the little green light flicked on to say the sandwich was ready, it wasn't a pretty sight!



The bread wouldn't slide off - Rhys had to scrape it off with a spatula. The beans were oozing out all over the place, and because the two pieces of bread weren't sealed together, Rhys could see the cheese hadn't even melted. "Disaster!" Rhys muttered. Dewi groaned in agreement as the spilt beans slid from the counter onto his head!

But rather than give up, Rhys glared at the mess in front of him and said, "Right, how do I do it again... but better?"

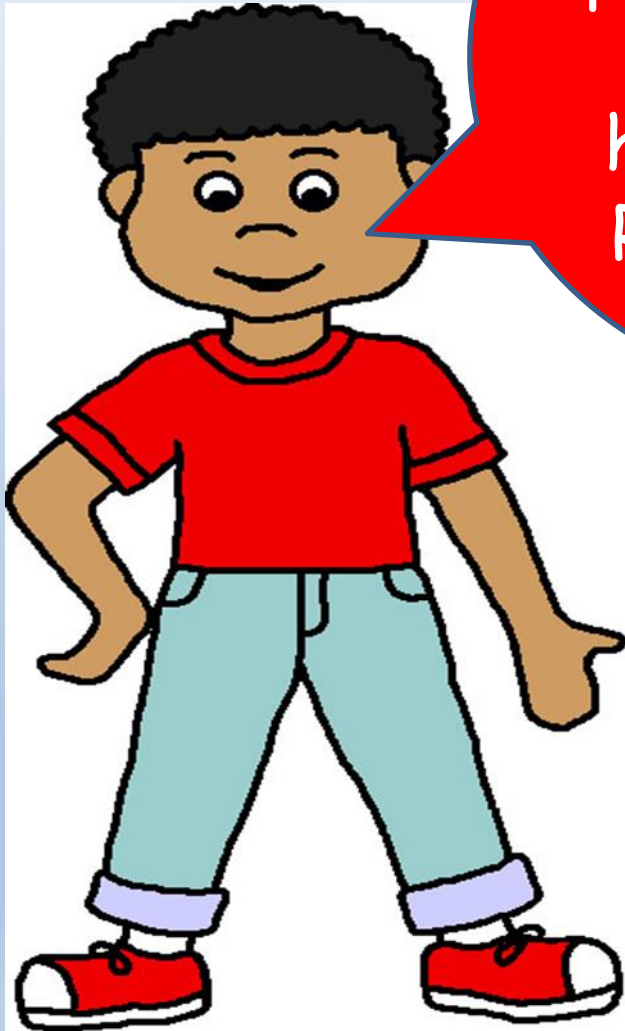
This time, he buttered the bread to stop it sticking and he only added one spoonful of beans. He looked at the block of cheese and wondered how would he get it to melt. He had a lightbulb moment... the grater! Carefully, minding his fingers, Rhys grated some cheese finely on top of the beans.

He and Dewi waited nervously until the green light shone. This time, the sandwich was perfect. It slid out of the machine easily and the butter had made it all crunchy and delicious-looking. The beans and cheese were safely sealed inside because he hadn't crammed it too full.

Upstairs, his mum bit into her tasty treat gratefully. The melted cheese dripped from the toast. "This is the best sandwich EVER" she smiled.

Rhys beamed with pride. It hadn't been easy and he'd had to learn from his mistakes, but my goodness, it had been worth it! "Maybe I'll try pizza next," he pondered. Dewi gave a yelp and ran for the door.





Use these phrases in your classroom to help you to be **REFLECTIVE!**

